

ELKANAH HOUSE

Weekly Newsletter

Weekly Newsletter - High School

Dear Parents

14 February 2019

Happy Valentine's Day!

Valentine's Day Fever has gripped Elkanah House this week!

Today is the day when, world-wide, couples celebrate their love for each other, the day when children exchange "Valentines" with each other in school, and everyone talks about love. Expressing love for one another is wonderful, yet in the world we live in it seems that the expression of love can be a bit backwards. How often is love defined by what a person does for us, how they make us feel, how they make our lives better? Biblical love is not about getting, it's about giving, and it's about giving without the need of getting in return.

The Bible tells us that:

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails." – 1 Corinthians 13:4-7+ NIV

Love here is described by what love does when you give it away to another. If you truly want to express your love to someone, then you should do it by being patient with each other, treating each other with genuine respect and honour.

If you dedicate yourself to the happiness of others, then there will be no need to look at what you are getting in return. Focus on giving; focus on truly loving from a Biblical perspective, and the love and fulfillment you will get will far exceed anything you could hope for. [#LovingBeyondSelf](#)

Vivienne Jones
Head : High School

DATES TO Diarise

19 - 22 February
Grade 7 - 11 Camps

20 - 22 February
Grade 12 Camp

27 February
Scholarship Evening

1 March
Summer Sports
Challenge @ Table
View High

Last Day of Summer
Sport

2 March
West Coast Netball &
Hockey Festival

4 March
First Day of Winter
Sports

7 March
Poetry Slam

Quote

And now these three remain: faith, hope and love. But the greatest of these is love.

1 Corinthians 13:13

Social Outreach



Two weeks ago the Social Outreach team kickstarted projects for 2019. The year began on an extremely positive note with high attendance and enthusiasm from the Elkanah House volunteers. Multiple projects went into the field and made an immense impact on the community.

The Grade 7 project goes to Ysterplaat Primary School and affords the young scholars there a chance to play and have fun; 29 Elkanah House students were involved in this.

Slices of Heaven, also a Grade 7 focused project, entails the preparation of sandwiches for underprivileged schools in the area; they made 300 sandwiches.

Huis Zonnekus, a project that allows our Grade 8 students to visit and care for the elderly of our community, had an attendance of 22 people.

The list, which also includes the Butterfly Project, SALT, Kangaroo Moms Hospital, Knitting and Kennel Building shows just how successful our social outreach projects are.

We are so proud of our Social Outreach team led by the incredibly diligent prefects, Hannah Gordon and Morgan O'Kennedy. We know this year will be a fantastic one for our Social Outreach program! "**#LovingBeyond Self**"
(Submitted by : Kwakhanya Max - Head Girl)

Without a sense of caring, there can be no sense of community.
Anthony J. D'Angelo

NOTICE: UNIFORM SHOP CLOSURE FOR STOCKTAKE: 4-7 March 2019

Please note the uniform shop needs to do a stocktake in preparation for the change over of seasons and will be closed from Monday, 4 March to Thursday, 7 March 2019. They will re-open as usual on Monday, 11 March so parents who need to purchase winter uniform can do so before the end of term.

85 Sunningdale Drive, Sunningdale | www.elkanah.co.za | follow us on  





Natural Science

G10 students investigating temperature changes during a change of phase.

Pictured (l - r)
Thandeka Matrose; Justin Botes, Jethro Koen, Jordan Heugh

Music Outing

On Thursday 7 February the Senior Subject Music pupils attended the symphony concert by the Cape Town Philharmonic Orchestra in the City Hall. We listened to works by Sibelius, Korngold and Hindemith and were fortunate to also witness the march from parliament to the Castle of Good Hope as part of the State of the Nation Ceremony. We look forward to taking some of our Grade 9 Musicians on our next music outing.

#LearningBeyondExaminations



(Back from left to right: Dylan Jeannes, Alessia Del Mistro, Ellie Fan, Lebo Nkoe, Nuria Ribeiro, Caitlin Visser, Hannah Muckle. Front from left to right: Jethro Duncan, Jordan Heugh, Laurent Vandebroek, Mr Rae Swart, Mr Gilmour Gordon, Ms Elizabeth Retief)

Parent Education talk by well-known social media expert, Emma Sadleir: 14 March 2019

Emma Sadleir is South Africa's leading expert on social media law. The company she founded four years ago, the Digital Law Company, specialises in educating and advising corporates, employees, schools, parents, teachers, and universities on the legal, disciplinary and reputational risks of social media.

Emma is the co-author of *Don't Film Yourself Having Sex... And Other Legal Advice for the Age of Social Media* published by Penguin Random House in 2014. The book was described by Professor Jonathan Jansen as "the most important textbook" a university student will buy. Emma is also the co-author of the social media section of the legal textbook, "Communications Law", published by Lexis Nexus in January 2015. Her second book, *Selfies, Sexts and Smartphones: A Teenager's Online Survival Guide* was published by Penguin Random House in October 2017.

Emma has insights into the world of social media that are invaluable for parents - not only about how our young people are using social media, but also about what parents can do to monitor it. Emma will be talking to the Elkanah House pupils during the day, therefore this talk for you, is not to be missed.

Parent 
ELKANAH

SELFIES, SEXTS & SMARTPHONES
- presented by Emma Sadleir

14 MARCH 2019
19h00
Theatre@elkanah
R95

TICKETS ARE LIMITED AND AVAILABLE ON QUICKET.

The first 30 tickets booked will be entered into a lucky draw to stand a chance to win one of 3 signed copies of the book.

Selfies, SEXTS AND Smartphones
EMMA SADLEIR & LIZZIE HARRISON
A TEENAGER'S ONLINE SURVIVAL GUIDE



ELKANAH HOUSE 

Sport

Athletics

Kiara Boddy and Slade Castle-Pearce represented the Elkanah House Senior Primary Athletics Team that took part in the annual Table Bay Inter-Schools Championships on Thursday 7 February held at Table View Primary. Kiara placed first in the U13 Girls' 1500m event and Slade won the U13 Javelin event and placed 3rd in the Discus. Both Kiara and Slade will compete on Saturday at the District Champs. We wish them all the best.

Swimming

Zac Ellis has been selected to represent South Africa at the Confederation Africaine de Natation Amateur Zone IV Junior Championship in Namibia from 16 - 20 February. The event will feature some of South Africa's best young talent in the Water Polo, Open Water and Swimming disciplines.

Zac will be representing the Open Water Team in the 16-18 age group and will be competing in the 3km and 5km events. We congratulate Zac and wish him and his team all the best.

Cricket

1st XI vs Table View High - Won by 197 runs

Players of the Match - Jorgen Pettenburger-Perwald who scored 195 (50 off 22 balls) 13 x 6's and 19 x 4's

AND

Joshua Preston who scored 109 (50 off 17 balls), 4 x 6's and 14 x 4's

Together Joshua and Jorgen put on a partnership of 303 runs

U15 vs Edgemoed High - Lost by 40 runs: Player of the Match - Makanaka Mamutse

Boys Tennis

1st Team vs DF Malan High - Lost 12-0: Player of the Match - Ryan Nuttall

2nd Team vs Blouberg International - Lost 8-4: Player of the Match - Slade Castle-Pearce

2nd Team vs Edgemoed High - Won 12-0: Player of the Match - Aaron Berry

3rd Team vs De Kuilen High - Lost 12-0: Player of the Match - Jason McKechnie

U13 v CBC - Drew 3-3: Player of the match - Ryan Doyle

Girls Tennis

1st Team vs Brackenfell High - Won 8-6: Player of the Match - Shae van Rooyen

2nd Team vs Stellenberg High - Lost 10-4: Player of the Match - Anika Rietoff

DATES TO DIARISE

Friday 1 March - Table View High School Summer Sports Challenge @ Table View High

Saturday 2 March - West Coast Hockey & Netball Festival & Edgemoed High

Friday, Saturday & Sunday 8, 9 and 10 March - Milnerton High School U19 Hockey Festival

Inter-Schools Softball Festival

Our Inter-Schools Softball Festival that we hosted on Friday 8 February was a great success. We hosted six schools i.e. Cannons Creek, Table View High, Parklands College, CBC, Bosmansdam High and Melkbosstrand High. Great fun was had by all with the one-ball-one-strike rule and the Elkanah House A, B and U15 Teams represent us with pride. A special thank you to all our parents who supported us on the sideline and to our managers and coaches for their commitment to their teams.

Softball

A Team vs Parklands College - Lost 7-0

B Team vs Parklands College - Won 8-4: Player of the Match - Donnae Swinburn

C Team vs Parklands College - Lost 7-8

U15 vs Edgemoed High - Drew 4-4: Player of the Match - Mackenzie Beekmans

U13 vs Blouberg Ridge Primary - Lost 2-0: Player of the Match - Luca Rens



U13 Softball



U15 Softball

Girls Hockey

1st Team Girls v Team Supreme from Western Province Cricket Club - Won 5-2:

Player of the match - Maxine Lanser

5-A-Side Hockey

Elkanah 1 vs CBC - Won 2-0: Player of the Match - Siyanda Zazini

Elkanah 2 vs Table View - Lost 3-1: Player of the Match - Alessia Salvarto

Elkanah 3 vs Table View - Won 16-2: Player of the Match - Kiara Boddy



U13 Hockey

THE ENGLISH DEPARTMENT PRESENTS

POETRY SLAM

7 MARCH
2019

“WHAT IT IS NOT...”

Theatre@Elkanah

18:30

R20

Poetry like you've never seen,
heard or felt before...