

ELKANAH HOUSE

Weekly Newsletter

Weekly Newsletter - High School

Dear Parents

8 November 2018

We are fast approaching the end of the year. The Grade 10s and 11s begin their examinations next week, followed by the juniors a week later. It is our hope that the students are well into their personal revision programmes that complement those offered by the staff. The students have been provided with a breakdown of the content that will be covered in each examination as well as access to past examination papers.

Examinations, regardless of a child's ability and level of preparation, represent another challenge for most of our students. We are aware that levels of anxiety and depression amongst young people is on the increase. Last week, we hosted a parent information breakfast meeting on this very topic. We all have a responsibility to help our students, sons and daughters, to deal with these issues in these challenging times. As parents, you have a greater opportunity to get alongside your child and to be aware of how they are dealing with these challenges.

I encourage you to be mindful of this as you support your child through this examination session. Be encouraging, affirming and optimistic as you motivate your child; being conscious of how much pressure is being added. Be deliberate in creating opportunities to talk about how they are feeling as you monitor their level of anxiety. Make time for discussions during supper and breakfast, free from big and small screens.

Please feel free to contact your child's tutor teacher or grade head should you have concerns around these issues. We trust that all the hard work that has gone into preparation for the examinations will be rewarded with a good set of results.

Angus Morton
Acting Head : High School

DATES TO Diarise

10 November

Grades 10 - 11
Exams Commence

19 November

Grades 7 - 9
Exams Commence

30 November

Grade 7
Christmas Market

5 December

Celebration
Ceremony
19h00

7 December

Last Day of Term
School ends 12pm

Scripture

The Lord is close to
the brokenhearted
and saves those
who are crushed in
spirit
Psalm 34 v 18

Visual Art

The Grade 12 Visual Arts students recently exhibited their Practical Yearwork for their final assessment, which was marked by the IEB Visual Arts Examiner. As usual, the lead up to this was quite stressful but once the work was up and ready for the exhibit - the hard work was soon forgotten and a sense of pride took its place. The marks obtained from their practical year mark together with good set of theory examination results should see the Grade 12 Visual Arts students obtaining a great set of results this year.



Car Park Etiquette

PLEASE READ!

We are fully aware that the size and configuration of the car park is not ideal; but it is what we have got and therefore, as parents, you will need to show courtesy towards each other, in the car park, and to Chris our security guard – even in the face of frustration! It is important to remember that the way you act will be replicated by your children – they learn their coping strategies from the adults around them.

- Please pull into available parking spaces, even if they are far from the gate.
- Please do not simply pull over and wait, thereby causing a traffic jam behind you.
- Please yield coming in and out of the car park so that the road in front of the school does not become congested.
- Please remember that we are a community, and that everyone in the car park is there for the same reason.
- Please be courteous and kind to each other especially to our staff, who are just trying to minimise traffic congestion.

If you are already doing all of the above, we thank you!

On Monday the 5th of November, Stephen Lucas, the CEO of Storage came to speak to the Economics and Accounting pupils of grade 10 and 11 to inspire them with his entrepreneurship story.

This was a big coup for Elkanah House as there are 63 stores (with 14 in the UK) and the business is listed on the JSE. So it is a relatively big business that has grown quickly. There is a growing demand for self-storage and he spoke about his business' core values, marketing and how to get investors to invest in new businesses.

The interesting and inspiring thing was that Stephen came from a suburb not far from us and with hard work and focus, has grown this successful business.

The pupils thoroughly enjoyed the entrepreneurial talk and were inspired and educated.

Submitted by: Mr Gareth Asch

Accounting/Economics Guest Speaker



Text Book & Stationery Orders
Due Date for Orders: 24 November 2018
Book Online or by email/fax directly to Caxtons.
NO ORDERS TO BE SUBMITTED TO THE SCHOOL OFFICE

Sport

Swimming

Over the past weekend Zac Ellis, Jake Pieterse and Aimee Langenhoven competed in the Freda Barnard Gala held in Oudtshoorn.

Zac Ellis won the Senior Male Victor Ludorum, winning 5 gold and 6 silver medals.

Jake Pieterse did equally well winning 4 gold and 4 bronze medals.

Boys 5-a-side Hockey

Elkanah House 1 - Lost 4-2: Player of the match - Joshua Preston

Elkanah House 2 - Drew 3-3: Player of the match - Joshua Julius

1st XI Girls Hockey

v Pinelands Hockey Club: Lost 11-1: Player of the match – Brenna McRae

v Constantiaberg Hockey Club – Won 5-2: Player of the match – Maxine Lanser

Soffball

A v Edgemoed – Drew 7-7: Player of the match – Candice Peach

B v Table View High – Won 8-2: Player of the match – Aliya Swart

C v Table View High – Won 4-3: Player of the match – Jessica Pearce

D v CBC – Lost 5-12: Player of the match – Bamanye Ntloko

Tennis

2nd Boys v Melkbosstrand High – Lost 4-8: Player of the match – Jason McKechnie

U13 Cricket

The U13 cricket team has not had a very enjoyable cricket season this year, despite their obvious love of the game. In Term 1 they were unfortunately unable to play more than one game due to the Western Cape's drought and the consequent ban on the maintenance of any cricket pitches. This term, they have had a number of schools and cricket clubs cancel scheduled games, frustrating the boys and their supporters enormously. This is especially true bearing in mind that the only game they have been able to play, they won very convincingly.

In keeping with the Elkanah House philosophy of "can-do despite all the odds", coach Lindsay Sissing arranged for a special guest during a recent cricket practice in order to keep the boys on their toes : the introduction of Christine Tomlinson! Christine is only 15 years old but recently made her debut in the Western Province Senior Women's Cricket Squad; she is a young lady of enormous talent.

Christine quickly showed the boys that perseverance and ability supercede all else and provided the batsmen with some excellent batting practice. Wickets quickly fell, and poor Josh Ellis was one of the physical victims of her stunning bowling abilities, receiving a burning inswinger!

The boys - and their coach - are to be congratulated on remaining positive during a year of uncertainty, and for their commitment to the game of cricket.



Sport (Continued)

Cricket

Elkanah House U14 vs Table View U14

Elkanah House won by 8 runs. Player of the match Darren Bantom for his 42 not out and 1 wicket. Special mention to Samuel Pereira for his 25 runs and excellent leadership throughout the season. Elkanah House U14 cricket side have gone through the year unbeaten - well done boys !



Cultural

Drama - Trinity Results

Kate Richards - Grade 7 has received the results of her Trinity Grade 6 Performing Arts Examination that was held at the Drama Lab on the 10th October 2018 and received a distinction. Other Grade 7 pupils Grace Henderson, Thato Sotashe, Hannah Lewis and Jemma du Plessis also completed their Trinity Drama Examination through the Drama Lab and received distinction for their group work.

Well done, girls!





ELKANAH HOUSE
Christmas
MARKET

Delicious food stalls | gift stalls
Grade 7 entrepreneurial gift stalls

FRIDAY EVENING

30 NOVEMBER 2018 AT 17:30

85 Sunningdale Drive, Sunningdale