

ELKANAH HOUSE

Weekly Newsletter



Weekly Newsletter - Pre-Primary

30 August 2018

Dear Parents

This week we embarked on the topic of impulse control as part of our emotional intelligence programme. In preparing for this topic, many interesting conversations were sparked around what impulse control looks like for our young children.

Young children are known for their spontaneity and can sometimes be quite impulsive. In some cases, children's impulsivity can be humorous or endearing. However, in some cases, it can become distracting, or may even cause harm to them or someone else.

Impulse control can be "taught" if the right steps are introduced and modeled from an early age. A big reason for developing our emotional intelligence programme at Elkanah House was to create an awareness for our children around their thoughts, feelings and actions. If a child is aware of what they are feeling, they are more likely to be able to identify this feeling and respond and monitor it appropriately.

For many of our children, having to control and regulate their impulses relates to times in their days where they do not always feel in control for example on the playground, choosing and regulating the foods they eat, gaming, playing with toys and shopping to mention just a few.

In an attempt to provide our children with a tool to regu-

DATES TO Diarise

31 August
Spring Day

14 September
Hooked on Books Inting

13 September
Cross Country

14 September
Flavours of the Flag event

19 September
Grandparents Day



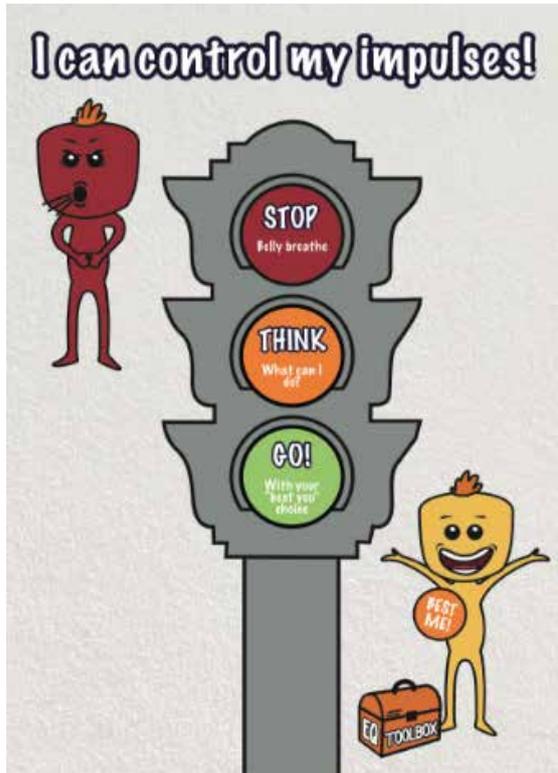
Recycling and Fruit Pals

4 September
Badgers

11 September
Otters

18 September
Giraffes

late their impulses, our teachers will be introducing and focusing on the STOP-THINK-GO robot as a tool to assist them.



Step 1: **STOP** - breathe and calm yourself

Step 2: **THINK** - what options do I have?

Step 3: **GO** - with your best choice/the best you!

Safety

We are aware of recent reports on social media and in the press regarding the safety of our children. In light of this we have examined our existing security measures and continue to create awareness amongst pupils and staff. We are pleased that our new security company, Thorburn, is in the process of being on-boarded and is well aware of the need for efficient and visible 24 hour security on our campuses. As from Monday, all visitors to our school other than parents, will be required to sign in and sign out via our security guard. This will be monitored on a register and will be done outside of drop off and collection times.

We ask that you assist us in the following ways:

- * Should you arrange for your child to be fetched by another party, please inform the school timeously.
- * If you will be giving a child other than your own a lift home, please notify the school office before leaving the premises (even if this is been arranged with the parent).
- * Please inform the school office if you will be fetching your child later than expected.
- * Although we will be discussing personal safety with our children, please also engage in conversation, creating awareness at an age-appropriate level without creating undue fear and panic.
- * Please notify the security guard and/or school office should you notice anything out of the ordinary so that appropriate action can be taken.
- * When entering and exiting the premises, please ensure that gates and doors and **firmly closed and locked behind you.**

While we take the safety of our children extremely seriously, we want to caution against creating unnecessary panic without checking the accuracy of the information received.

We would like to welcome Mpumelelo Jako, our new security guard from Thornburn Security. He will be officially starting on 4 September and will be on duty Monday to Friday from 06h00 - 18h00.



Parent and Teacher Meetings

Our Parent Portal opens for parent and teacher meetings on 3 September and closes on 12 September. Please diarise this date to book a time slot to meet with your child's class teacher. Our late evening is on 18 September.

Extra-murals

The parent portal will open for extra-mural bookings from 7-16 September. Please ensure that you sign your child up before the deadline as no late bookings will be accepted.

Grade R Emotional Intelligence - you will not be billed via the Parent Portal as done previously. The lists will be sent to our finance department who will then bill you after the deadline has closed. A friendly reminder that if your child did Emotional Intelligence this term they will not be able to do it again in the fourth term as the programme is repeated and we would also like to give other children the opportunity to sign up.

Chameleons @ Elkanah

The Chameleons had such fun learning about Tchaikovsky, and in particular, dancing to the music of The Nutcracker. Not only are we great at dancing, we are also great artists... Check out our pics.



Watching Days @ Elkanah

Parents are invited to watch extra-murals which your child is participating in this term, on the following days and times:

Ballet

Tuesday, 11 September 2018.

Chameleons, Dolphins and Hedgehogs: 09h30 - 10h00

Otters/ Badgers / Giraffes: 10h15- 10h45

Soccercise Starz

Wednesday, 12 September

Chameleons, Dolphins and Hedgehogs: 12h00 - 12h30

Badgers, Otters and Giraffes: 12h45 - 13h15

Grade R Tag Rugby

Tuesday, 11 September: 12h45 - 13h30

Clamber Club

No watching day this term.

Little Movers

Tuesday, 11 September

Chameleons, Dolphins and Hedgehogs: 12h00 - 12h30

Badgers, Otters and Giraffes: 12h30 - 13h00

Stretch 'n Grow

Friday, 14 September

Chameleons, Dolphins and Hedgehogs: 12h30 - 13h00

Music Box

Thursday, 13 September

Chameleons, Dolphins and Hedgehogs: 12h00 - 12h30

Badgers, Otters and Giraffes: 12h45 - 13h15

Sports Hub

Thursday, 13 September

First class - 12h45 - 13h30

Second class - 13h30 - 14h15

Modern Dancing

Grade R & 1 - Tuesday, 11 September: 14h30 - 15h15